

Yamhill Carlton Intermediate/High School Breakfast and Lunch Menus April 16-20, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 16, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Mini Pancakes	April 17, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini	April 18, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito	April 19, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini	April 20, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito
<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>
<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 16, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Popcorn Chicken w/ Tots	April 17, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Corn Dog w/ Chips	April 18, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Cheese Burger	April 19, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Stir Fry	April 20, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Chicken Casserole
<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>
<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate	<u>Milk Choices</u> 1% or Nonfat Chocolate

Children in SNAP and/or TANF households and Foster Children are eligible for free meals. Children may qualify for Free or Reduced-Price School Meals based on the Federal Income Guidelines. Complete the On-Line Application or fill out the paper application. Mail or deliver it to: YC SD, 120 N. Larch Place, Yamhill, OR 97148. If you have questions or need help, call Shiloh Ficek (503) 852.7610.

Grades K-12 Paid Students: Breakfast \$1.00 Grades K-4 Lunch \$2.70

Grades 5-12 Lunch \$2.95

K-12 Free/Reduced Meal Prices Breakfast & Lunch: Free

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BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 16, 2018 <u>Entrée Choice</u> Cini Mini Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 17, 2018 <u>Entrée Choice</u> Mini Pancakes Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 18, 2018 <u>Entrée Choice</u> Banana Bread Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 19, 2018 <u>Entrée Choice</u> Benefit Bar Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 20, 2018 <u>Entrée Choice</u> Breakfast Burrito Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 16, 2018 <u>Entrée Choice</u> Popcorn Chicken Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 17, 2018 <u>Entrée Choice</u> Nachos Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 18, 2018 <u>Entrée Choice</u> Baked Potato Bar Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 19, 2018 <u>Entrée Choice</u> Spaghetti w/ Roll Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 20, 2018 <u>Entrée Choice</u> Cheese Burger Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

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Yamhill Carlton Intermediate/High School Breakfast and Lunch Menus April 30-May 4, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 30, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Benefit Bar	Benefit Bar	Benefit Bar	Benefit Bar	Benefit Bar
Banana/Zucchini Bread	Banana/Zucchini Bread	Banana/Zucchini Bread	Banana/Zucchini Bread	Banana/Zucchini Bread
PB&J	PB&J	PB&J	PB&J	PB&J
Mini Pancakes	Cinni Mini	Breakfast Burrito	Cinni Mini	Breakfast Burrito
<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>	<u>Fruit or Juice Choices</u>
<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 30, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Nachos/Taco	Pizza	Nachos/Taco	Pizza	Nachos/Taco
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Chili W/ Roll	Spaghetti	Rib A Q	Chicken Quesadilla	Chicken Burger
<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>	<u>Fruit & Veggie Bar</u>
<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>	<u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

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Yamhill Carlton Elementary School Breakfast and Lunch Menus April 23-27, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 23, 2018 <u>Entrée Choice</u> Cini Mini Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 24, 2018 <u>Entrée Choice</u> Mini Pancakes Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 25, 2018 <u>Entrée Choice</u> Banana Bread Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 26, 2018 <u>Entrée Choice</u> Benefit Bar Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 27, 2018 <u>Entrée Choice</u> Breakfast Burrito Cereal & Grain Choices Protein Choices <u>Fruit Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 23, 2018 <u>Entrée Choice</u> Popcorn Chicken Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 24, 2018 <u>Entrée Choice</u> Nachos Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 25, 2018 <u>Entrée Choice</u> Chicken Burger Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 26, 2018 <u>Entrée Choice</u> Mac N Cheese Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 27, 2018 <u>Entrée Choice</u> Corn Dog w/ Chips Yogurt Parfait/Granola Pizza Deli Sandwiches/Chips Chef Salad <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

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BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
April 23, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Mini Pancakes <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 24, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 25, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 26, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Cinni Mini <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 27, 2018 <u>Entrée Choice</u> Benefit Bar Banana/Zucchini Bread PB&J Breakfast Burrito <u>Fruit or Juice Choices</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 23, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Sloppy Joe <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 24, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Mac N Cheese <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 25, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad BBQ Chicken <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 26, 2018 <u>Entrée Choice</u> Pizza Sandwiches Chef Salad Chicken Quesadilla <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate	April 27, 2018 <u>Entrée Choice</u> Nachos/Taco Sandwiches Chef Salad Baked Potato Bar <u>Fruit & Veggie Bar</u> <u>Milk Choices</u> 1% or Nonfat Chocolate

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April 30, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Cini Mini	Mini Pancakes	Banana Bread	Benefit Bar	Breakfast Burrito
Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices	Cereal & Grain Choices
Protein Choices	Protein Choices	Protein Choices	Protein Choices	Protein Choices
 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>	 <u>Fruit Choices</u>
 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
April 1, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>	<u>Entrée Choice</u>
Popcorn Chicken	Nachos	Sloppy Joe	Rice Bowl	Rib A Q
Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola	Yogurt Parfait/Granola
Pizza	Pizza	Pizza	Pizza	Pizza
Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips	Deli Sandwiches/Chips
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>	 <u>Fruit & Veggie Bar</u>
 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>	 <u>Milk Choices</u>
1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate	1% or Nonfat Chocolate

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